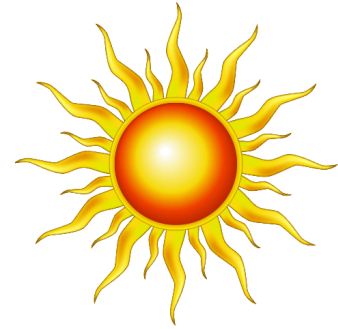


Solstice Medicine & Wellness, LLC

Gina Escobar M.D.
475 Riverstone Way, Suite 2
Fairbanks, AK 99709
Phone: 456-6334
Fax: 456-6336



EGD Instructions

BEFORE SCHEDULING:

Please confirm an escort. You will need an escort to pick you up after the procedure. You will not be discharged without a ride. You may not take a taxi, bus, drive, or walk without an escort.

PRIOR TO PROCEDURE:

Please **stop all** anti-clotting agents or blood thinners **5 days** prior to the procedure:

- Aspirin
- Coumadin/warfarin
- Plavix/clopidogrel
- Ticlid
- Lovenox

***If you are diabetic** and taking insulin, please decrease your insulin dose by ½ while on a clear liquid diet and the morning of the procedure.

THE NIGHT BEFORE YOUR PROCEDURE:

Eat a normal dinner the evening before, but no later than 8 pm. After 8 pm you may have clear liquids until midnight.

PROCEDURE DAY:

- Please **DO NOT** eat or drink the morning of the procedure
- Please **DO NOT** take your medications the morning of the procedure. Bring your medications with you to take after completing the procedure
- Have your escort with you. The sedation used for the procedure may take 24 hours to wear off
- Wear comfortable clothing; bring your glasses and hearing aids

Please call our office if you need to reschedule or cancel (907) 456-6334.

LOCATION: Surgery Center 2310 Peger Rd