

**Solstice Medicine and Wellness, LLC**



**Email: solsticemedi@alaska.net**

**475 Riverstone Way Suite 2**

**Fairbanks, AK 99709**

**Phone: (907) 456-6334**

**Fax: (907) 456-6336**

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Phone Number: Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Referral Source: \_\_\_\_\_

\_\_\_\_\_

Payment Method: Cash Insurance If Insurance, What Type: \_\_\_\_\_ Primary reason

you want to be seen: \_\_\_\_\_

\_\_\_\_\_

Who is your current medical provider? \_\_\_\_\_

If applicable, when were you last seen? \_\_\_\_\_

What were you seen for? \_\_\_\_\_

(\*\*\*)Please sign a medical records release so we can obtain your records(\*\*\*)

## Authorization to Bill Insurance

---

### SECTION 1: PATIENT INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Middle Initial: \_\_\_\_\_  
DOB: \_\_\_\_\_ SS#: \_\_\_\_\_ Daytime Phone: (\_\_\_\_) \_\_\_\_\_

---

### SECTION 2: INSURANCE INFORMATION

**Please notify the front desk staff if your visit is related to an injury or accident**

I. Does your insurance have alternative medicine benefits? Yes No

Who is your Primary Care Provider?: Dr. \_\_\_\_\_ Clinic Phone #: (\_\_\_\_) \_\_\_\_\_  
Clinic Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Does your plan require you to have a referral from you Primary Care Provider to receive coverage? Yes\* No

\*If yes, which licensed provider were you referred to at our  
clinic?: \_\_\_\_\_

**Insurance Company & Plan Name:** \_\_\_\_\_

ID Number: \_\_\_\_\_ Group/Policy Number: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_ Policy Holder's Date of Birth: \_\_\_\_\_

Relationship to the policy holder: \_\_\_\_\_ Policy Holder's Gender (circle): Male Female

#### Secondary Insurance

**Insurance Company & Plan Name:** \_\_\_\_\_

ID Number: \_\_\_\_\_ Group/Policy Number: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_ Policy Holder's Date of Birth: \_\_\_\_\_

Relationship to the policy holder: \_\_\_\_\_ Policy Holder's Gender (circle): Male Female

---

### SECTION 3: GUARANTOR INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**I hereby acknowledge that I am financially responsible for payment of all services rendered to the above-named patient and that I am subject to all financial terms listed below. X** \_\_\_\_\_

\_\_\_\_\_  
Guarantor's Signature Date

---

\_\_\_\_ I understand that all co-pays are due at the time of service and that I am financially responsible for all charges whether or not they are paid by my insurance. I understand that finance charges will begin accruing on accounts that are 60 days past due for payment at a rate of 1.5% per month. I further understand that excessively overdue accounts will be forwarded to an outside collection agency and I will be responsible for any fees generated as a result of collection efforts. I understand that some third-party payers may require that my medical information, including copies of treatment notes, be submitted along with requests for payment. I hereby authorize **Solstice Medicine & Wellness, LLC** to release all medical information necessary to secure payment of benefits from the third-party payers specified above, and I authorize the use of this signature on all related submissions. I understand that this information may include medical information related to drug and alcohol abuse, sexually transmitted diseases, HIV/AIDS and mental health. I understand that this authorization shall remain valid without expiration unless expressly revoked by me in writing.

## Financial and Payment Policies

A clear understanding of **your financial responsibility** for the medical care and services provided to you is essential. **Please read this form carefully and have any questions answered prior to signing.**

***Insurance coverage is a contract between YOU and YOUR INSURANCE COMPANY. Payment is not guaranteed and is based on your insurance contract. Please review your insurance policy or contact your insurance company for questions regarding coverage.***

***Regardless of insurance coverage, you are financially responsible for payment on your account, SMW bills insurance as a courtesy only.***

### Payment

We accept cash, Visa, Mastercard, and Care Credit. Established patients may pay by personal check.

All deductible, Co-pay, or Co-insurance amounts are due at each visit.

If you do not know your deductible, copay or coinsurance amount, a 20% co-pay will be collected each visit. All patients must provide a current, valid insurance card and driver's license at each appointment.

Refunds: Refunds are subject to final insurance payment and verification \_\_\_\_\_

NO SHOW/CANCELLATION: Subject to a \$25 fee if less than 24-hour notice \_\_\_\_\_

NON-SUFFICIENT CHECK: A \$35 fee per check. No exceptions. \_\_\_\_\_

### **Solstice Medicine and Wellness is NOT a financial lending institution**

Delinquent Accounts: A \$5 service charge will be added to patient balances and co-pays greater than 30 days overdue. A \$10 service charge will be added to patient balances and co-pays greater than 60 days overdue. A \$20 service charge will be added to patient balance and co-pays greater than 90 days overdue. Past due accounts greater than 120 days are subject to a collection agency. **SMW is not liable for any consequences arising from a collections agency's effort to secure payment.**

Payment arrangements can be made with the office staff or billing department of SMW if a patient is unable to pay their account balance. The patient will be required to provide a credit card to place on file to process on an arranged date for a set payment amount. **SMW is not liable for any consequences arising from overdraft fees or financial institution's fees or charges.**

### **HIPAA Compliance**

SMW complies with current federal guidelines for HIPAA. A copy of our HIPAA policy is available for your review. "I understand that my signature on this form indicates that I have had an opportunity to review the SMW HIPAA policy and may be given a copy of the same, upon request."

**I have read the above and have had all questions answered to my satisfaction.**

This authorization shall expire **one year** from the date below

---

Print Name Signature Date

**Solstice Medicine and Wellness, LLC**  
**HIPAA Consent for Patient Medical Information Release**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I authorize Solstice Medicine and Wellness, LLC to release my personal health information to family members or others involved in my care or assisting me with financial payment arrangements.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

\*Use the back of this form for additional people\*

**Privacy Information: Please circle Yes or No for the following statements. By circling Yes for the following statements this office will leave voicemail or answering machine messages at your home, work, cell, or emergency contact on file briefly requesting you to call us back to discuss your medical information.**

<b>Location</b>	<b>Call back message</b>	<b>Phone Number</b>
HOME	YES NO	
WORK / CELL	YES NO	
Emergency Contact	YES NO	

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

This form will remain in effect for **One Year** from the date of signature. Any changes to this form must be submitted, by the patient, on a new form, signed, dated, and witnessed by a SMW staff member.

**Notice of Privacy Practices  
Acknowledgement of Receipt**

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

Solstice Medicine & Wellness, LLC, is required to provide you with a copy of its Notice of Privacy Practices and to obtain written acknowledgement, if possible, that you have received it. The notice outlines the types of uses and disclosures that may occur involving your protected health information, describes your rights and explains how you may exercise those rights. Please read it carefully. If you have questions concerning the management of your healthcare information at our clinic, wish to inquire about your rights or if you wish to schedule an appointment to view your medical record, please call (907)456-6334.

\*\*\*The Privacy Practices document is available online at [solsticemedicine.com](http://solsticemedicine.com) and posted in the front lobby of the clinic \*\*\*

**I hereby acknowledge that I have reviewed and received a copy of Solstice Medicine and Wellness LLC, Health Notice of Privacy Practices.**

X \_\_\_\_\_  
**Patient's Signature Date**

X \_\_\_\_\_  
**Guardian/Representative Signature Relationship to Patient Date**

---

**For Office Use only:**

I hereby affirm that Solstice Medicine and Wellness, LLC has made a good faith effort to obtain written acknowledgement from the above named patient.

Staff members initials: \_\_\_\_\_

0 Patient was offered form but refused to sign

0 Patient was physically unable to sign acknowledgement

0 Other: \_\_\_\_\_

**AUTHORIZATION TO RELEASE MEDICAL RECORDS**

Date of request: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Address:  
\_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_ Zip code: \_\_\_\_\_

I authorize (Clinic or Provider name) \_\_\_\_\_ to release the following medical records to Solstice Medicine & Wellness:

_____ <b>Complete Medical Record</b> _____ All Chart notes between _____ _____ All labs and Imaging _____ Flow Sheets(Vital signs/ Height/Weight) _____ Medication List _____ Mental Health Record _____ STD/HIV Status _____ Other: _____
--

Restrictions: Only medical records originated through this healthcare facility will be copied unless otherwise requested. This authorization is valid only for the release of medical information dated prior to and including the date on this authorization unless other dates are specified.

I understand I may revoke this authorization at any time. I understand that if I revoke this authorization I must do so in writing and present my written revocation to the staff member of Solstice Medicine & Wellness. I understand that the revocation will not apply to information that has already been released in response to this authorization. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**MEDICAL HISTORY**

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**ALLERGIES/ ADVERSE REACTIONS**

(List all allergies- medications/food/environmental/ other substances- and type of reaction:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**CURRENT MEDICATIONS AND SUPPLEMENTS**

(including prescription, over-the-counter medication, supplements/ herbal remedies- taken daily and on as needed basis. Please list name, dosage and frequency)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please list the date you have received any of the following preventative health items:**

Colonoscopy: \_\_\_\_\_ Tetanus/Tdap: \_\_\_\_\_  
Shingles Vaccine: \_\_\_\_\_ TB Skin Test (PPD): \_\_\_\_\_ positive or negative?  
Pneumovax: \_\_\_\_\_ Eye Exam: \_\_\_\_\_ Location: \_\_\_\_\_ Flu Shot:  
\_\_\_\_\_ Chest Xray: \_\_\_\_\_

**Female History:**

Age of first menstrual period: \_\_\_\_\_ Date of last menstrual flow: \_\_\_\_\_ Current birth control: \_\_\_\_\_  
Describe your cycle: Light \_\_\_ Moderate \_\_\_ Heavy \_\_\_ Regular \_\_\_ Irregular \_\_\_ Painful \_\_\_ #of days: \_\_\_  
Number of pregnancies: \_\_\_ Live Births: \_\_\_ Last pap smear date: \_\_\_\_\_ (Normal \_\_\_ / Abnormal \_\_\_) Date  
of last Bone Density Scan: \_\_\_\_\_ Date of last Mammogram: \_\_\_\_\_ Location: \_\_\_\_\_

## SOCIAL HISTORY

**OCCUPATION:** \_\_\_\_\_ How many hours do you work per week: \_\_\_\_\_ Highest level of education: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Are you sexually active? \_\_\_\_\_ # of Children: \_\_\_\_\_ Do you eat a balanced diet? \_\_\_\_\_ Do you partake in special diet trends? Which ones? \_\_\_\_\_ Do you exercise routinely? \_\_\_\_\_ What type of exercise and frequency? \_\_\_\_\_ Do you consume alcohol? \_\_\_\_\_ How many per week? \_\_\_\_\_ What kind? \_\_\_\_\_ Do you smoke? \_\_\_\_\_ How many a day? \_\_\_\_\_ Have you ever smoked? \_\_\_\_\_ When did you quit (month/year)? \_\_\_\_\_ Do you consume caffeine? \_\_\_\_\_ How many a day? \_\_\_\_\_ What type? \_\_\_\_\_ Do you use recreational drugs? \_\_\_\_\_ How often? \_\_\_\_\_ What type? \_\_\_\_\_ Are there guns in your home? \_\_\_\_\_ Are they secured/locked? \_\_\_\_\_

Do you use a seatbelt while driving? \_\_\_\_\_

**Have you ever had or currently have:**

<input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <input type="checkbox"/> Insomnia <input type="checkbox"/> Anemia <input type="checkbox"/> Asthma <input type="checkbox"/> Congestive Heart Failure <input type="checkbox"/> COPD/ Emphysema <input type="checkbox"/> Pneumonia <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Sleep Apnea (___ use CPAP) ___ Seasonal Allergies <input type="checkbox"/> Diabetes (or prediabetes) <input type="checkbox"/> GERD/ Reflux/ <input type="checkbox"/> Esophagitis ___ Gallbladder disease <input type="checkbox"/> Cancer (site: _____)	<input type="checkbox"/> High blood pressure <input type="checkbox"/> High Cholesterol <input type="checkbox"/> Heart Attack <input type="checkbox"/> Clotting disorder <input type="checkbox"/> Varicose Veins <input type="checkbox"/> Blood clots in legs/ lungs <input type="checkbox"/> Kidney disease <input type="checkbox"/> Kidney stones <input type="checkbox"/> UTI <input type="checkbox"/> Seizure Disorder <input type="checkbox"/> TIA <input type="checkbox"/> Stroke <input type="checkbox"/> Thyroid disease (type: _____) <input type="checkbox"/> HIV/ AIDS <input type="checkbox"/> Hepatitis	<input type="checkbox"/> Headaches <input type="checkbox"/> Chronic migraines <input type="checkbox"/> Arthritis <input type="checkbox"/> Rheumatoid arthritis <input type="checkbox"/> Back Problems <input type="checkbox"/> Fractures <input type="checkbox"/> (site: _____) ___ Gout <input type="checkbox"/> Ulcers (GI) <input type="checkbox"/> PCOS <input type="checkbox"/> Prostate enlargement/ BPH <input type="checkbox"/> Low testosterone/ erectile dysfunction <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Bowel disorder (Type: _____) <input type="checkbox"/> Liver disorder (Type: _____) <input type="checkbox"/> Skin disorder (Type: _____)
---	---	---

Other: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Medical Providers/ Specialists participating in your past or current medical care (name/specialty/location):**

\_\_\_\_\_  
 \_\_\_\_\_



**Surgical or Hospitalization history:**

(Please list all surgeries, dates, any complications. List any hospitalizations, length of stay and reason)

---

---

---

---

---

**Family History:**

Have any of your blood relatives had any of the following:

Heart disease  Stroke  Diabetes  High Blood Pressure  High Cholesterol  Mental Health Illness  
 Substance Abuse  Cancer (site: \_\_\_\_\_)

What medical conditions do/did these relatives have:

Father: \_\_\_\_\_

Mother: \_\_\_\_\_

Paternal Grandfather: \_\_\_\_\_ Grandmother: \_\_\_\_\_

Maternal Grandfather: \_\_\_\_\_ Grandmother: \_\_\_\_\_

Brothers: \_\_\_\_\_ Sisters: \_\_\_\_\_